

Prepare In A Year – April: Grab and Go-Kits

Why I Do This?

Perhaps you are wondering why I send all this out. Perhaps you are not! But here is a short video about why I do Emergency Preparedness. This is just how I feel about it. Big thanks to my daughter Aimee Tollett who shot the video, and to John Merryman, P-15 Block Captain, who edited the video and made it look professional.

<https://youtu.be/CjN4os-7WfE>

Grab and Go-Kits

A Go-Kit functions as a portable system filled with basic items you will need to sustain your life for 48-72 hours. Each person in your living space should have a Go-Kit of their own, including pets. You can keep the kit in your house or have one per car. The attachments at the end go into more detail. Here are the basics:

Very Basic – always in your car:

- Jumper Cables/Towing straps/Extra cash
- Consider keeping your gas tank at least ½ full all the time
- Clothes you can wear to walk for help in bad weather

Good – consider placing in a backpack.

- About 1 quart water/person/day
- 2-3 days of food that does not need to be cooked, utensils
- Blanket or sleeping bag
- Change of clothes
- Knife
- Whistle
- Trash bags, can work as ground cover, shelter, rain jacket
- Extra cell phone charger with wall plug attachment
- Flashlight
- Critical medications
- Small first-aid kit

Better – consider what you might need for longer period of time.

- More water, possibly food that may need to be cooked
- Shelter, either a tent or tarp and rope
- Toys and games
- Toiletries
- Radio(with batteries or hand cranked)
- Critical documents

Best – what if you had to live out of your car for a month?

- Tent or tarp shelter
- Sleeping bags
- Water treatment system
- Food for a longer period of time(will likely be freeze-dried)
- Small stove and fuel, matches
- Ground pads

Recent New Jersey and Taiwan Earthquakes

Earthquakes will be covered in October, but you should know how to protect yourself in a variety of settings. The following website is fairly complete:

<https://doh.wa.gov/emergencies/be-prepared-be-safe/severe-weather-and-natural-disasters/earthquakes>

Finally – gratuitous dog picture



I am hoping for a bit of sunshine so we can see the eclipse next Monday. We will be prepared – all of us!

Websites to check out

Pierce County “Bucket List”

https://www.piercecountywa.gov/DocumentCenter/View/1954/Bucket-List-2017_updated-link?bidId=

Pierce County “Build A Kit” – a lot of information

<https://www.piercecountywa.gov/2295/Build-a-Kit>

FEMA

<https://www.ready.gov/kit>